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BP – Sobering Statistics

Stimulant sales went up 500% between 2002 and 2012, suicides of 15-24 have doubled since 1950, 30% of college students report days too depressed to function, 25% taking psychotropics, and 1 out of 12 college students has a suicide plan. 70% of adults are on medications with pain-killers and anxiety meds topping the list, 20% are on multiple.

The man who “invented” ADHD made a deathbed

confession: <https://www.youtube.com/watch?v=dLarWMcMY8M> *Deathbed Confession:*

ADHD Is a Fictitious Disease: Leon Eisenberg, scientific father of ADHD said it is a prime example of a made up disease ...in 2006 every single member of the DSM (Diagnostic and Statistical Manual) board was receiving money from the drug industry

<http://www.cathinfo.com/catholic.php/Inventor-of-ADHDS-deathbed-confession-ADHD-is-a-fictitious-disease>

7,000 kids a day drop out of school, and of those who stay, millions get put on medication, sent to special ed or both...with labels that follow them. Special ed has been called a pipeline to prison, and in the US we have more jails than colleges.

Who can claim that conventional assumptions have served the well-being of the human psyche?

[Depression in College Students: Signs, Causes & Statistics](#) www.healthline.com

Mar 29,

2012 - **Depression** is the number one reason **students** drop out of school or die by suicide. ... As many as 43 **percent of students** experience insomnia in the ... combination of antidepressant **medications** and talk therapies such ... and will be **taken** into account in our ongoing review of our Health Reference Library.

[College students' mental health is a growing concern ...](#) www.apa.org

American Psychological Association College **students** with significant psychological problems is a growing concern, with anxiety and **depression** top concerns. ... On average, 24.5 **percent** of clients were **taking** psychotropic **medications**. However, 19 **percent** of directors report the ...

[NIMH · Depression and College Students](#) www.nimh.nih.gov

National Institute

of Mental Health 30 **percent** of college **students** reported feeling "so depressed that it was difficult to function" ... Some people need to **take antidepressants** for a short time. If your ...



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Facts | Anxiety and Depression Association of America, ADAA www.adaa.org Anxiety Disorders Association of America - Forty million U.S. adults suffer from an anxiety disorder, and 75 **percent** of them ... In addition, a 2008 Associated Press and mtvU survey of college **students** found the following: ... Learn how one college **student took** control of her OCD ... dedicated to the prevention, **treatment**, and cure of anxiety, **depression**, OCD, PTSD, ...

SAVE | Suicide Facts

www.save.org/facts SAVE - Suicide Awareness Voices of Education

Suicide rates in the United States are highest in the spring. Over half ... For young people **15-24** years old, suicide is the second leading cause of death.

Did you know? | EMPS www.empsct.org/information/

Suicide rates, for **15-24**-year-olds, have more than doubled since the 1950's, and remained largely stable at these higher levels between the late 1970's and the ...

[PDF] Youth Suicide Facts (PDF) - 2-1-1 Big Bend

211bigbend.net/PDFs/YouthSuicideFactSheet.pdf

Suicide rates, for **15-24**-year-olds, have more than doubled since the 1950's, and ... In the past 60 years, the **suicide rate** has quadrupled for males 15 to 24 ...

Sleepless in the states: Nearly 9 million pop pills for shut-eye:

<http://www.nbcnews.com/health/sleepless-states-nearly-9-million-pop-pills-shut-eye-8C11026819>

“Desperate for rest in a frenzied world, at least 8.6 million Americans take prescription sleeping pills to catch some Zzzs, according to the first federal health study to focus on actual use. Between 2005 and 2010, about 4 percent of U.S. adults aged 20 and older popped popular prescription drugs such as Lunesta and Ambien in the previous month, say government researchers who tracked 17,000 people to their homes and peered into their medicine cabinets.

About a quarter of those studied suffered sleep problems serious enough to report to their doctors, said Yinong Chong, an epidemiologist with the Centers for Disease Control and Prevention. “They told us they had difficulty getting to sleep, or they were waking up and couldn’t get back to sleep,” said Chong, whose study is based on data from the National Health and Nutrition Examination Survey.” *JoNel Aleccia NBC News*



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Richard A. Friedman is a professor of clinical psychiatry and the director of the psychopharmacology clinic at the Weill Cornell Medical College:

“And there is potentially something else to worry about with our anxious adolescents: the meteoric rise in their use of psychostimulants like [Ritalin](#) and Adderall. In theory, stimulants could have a negative impact on the normal developmental trajectory of anxious teenagers.

According to the health care data company IMS Health, prescription sales for stimulants increased more than fivefold between 2002 and 2012. This is of potential concern because it is well known from both human and animal studies that stimulants enhance learning and, in particular, fear conditioning.

Blood pressure rising in US kids, teenagers <http://www.nbcnews.com/health/salty-snacks-extra-pounds-send-blood-pressure-soaring-u-s-6C10639746>

Anxiety Drugs Linked With Alzheimer's

People who use anxiety drugs such as Valium and Xanax long-term may be raising their risk of Alzheimer's disease.



[Keep Reading](#)

New York Times best seller, *Being Mortal: Medicine and What Matters in the End*, demonstrates that the quality of end of life services is on everyone's mind as Baby Boomers retire en masse. And while mental health and wellness issues skyrocket in the broader population, making headlines, adding billions in costs to healthcare and eroding American's quality of life. For example:

- The population of Minnesota over 65 is about to double. By 2020, there will be more seniors in Minnesota than school kids (Face Aging MN))
- The aging shift is not only going to impact our economy and communities, it will touch the lives of virtually every person in our state. (Face Aging MN)



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- **People 65+ with Alzheimer's Will Grow Nationally Almost 200% from 2010-2015 ; in Minnesota the numbers suffering from it will reach more than 100,000 by 2020 (Aging Service of Minnesota)**
- **Anxiety disorders are the most common mental illness in the U.S., affecting 40 million adults in the United States age 18 and older (18% of U.S. population), and cost the U.S. more than \$42 billion a year, almost one-third of the country's \$148 billion total mental health bill, according to "The Economic Burden of Anxiety Disorders," a study commissioned by ADAA (*The Journal of Clinical Psychiatry*, 60 (7), July 1999)**

Commuter trains in Melbourne found it difficult to keep drivers. It turns out for a two year period previous to 2006, an average of 41 men a month stepped in front of moving trains to commit suicide. The drivers could not handle the emotional stress.

We want you to consider that the Newtonian/materialist/mechanistic paradigm (which is 350 years old) implicitly or tacitly describes a random, accidental, machine-like universe, and it is chilling to the core...a very Dangerous World Theory with no evidence for its foundational assumption of no cause and no transcendent meaning (neither requiring nor precluding a Deity) – though we are wired to seek meaning and our right hemisphere equipped for transcendent perception. The quantum paradigm describes a responsive, interactive universe, more like a mirror than a machine. A universe in and with which we can move beyond probabilities to possibilities, and the meanings we choose, are the brush strokes with which we paint our pictures of reality.

In the meantime we largely accept consensus meanings and rely on default settings of perception...when we have been warned not to be fooled by our 5 physical senses. The ancient Greek philosopher scientists warned that our 5 senses deceive us and the material world is an illusion. Einstein asked how an intelligent person could stay away from the Greeks. 1000s of years before the electron they knew the material world was an illusion...we only recently discovered a "solid" table is really 99.9% space but we are taught that the material world and our 5 senses are what's real.

Einstein:

"The only thing that interferes with my learning is my education."

"Common sense is the collection of prejudices acquired by age eighteen."



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"A human being is a part of the whole, called by us "Universe". He experiences himself, his thoughts and feelings, as something separated from the rest - a kind of optical illusion of his consciousness. This delusion is a prison restricting us to our personal desires and to affection for a few persons nearest to us. We must widen our circle of compassion to embrace all living creatures and the whole of nature in its beauty."

<http://link.springer.com/article/10.1007/s10943-009-9247-9#> (2010)

".....ETAS [Evolutionary Threat Assessment Systems] Theory explains why certain religious beliefs—including beliefs about God and life-after-death—should have an adverse association, an advantageous association, or no association at all with mental health. Moreover, it makes specific predictions to this effect, which have been confirmed, in part. The authors advocate the application of ETAS Theory in research on religion and mental health because it explains how religious **and other beliefs related to the dangerousness of the world can directly affect psychiatric symptoms through their effects on specific brain structures".**

"Science is complex and chilling. The mathematical language of science is understood by very few. The vistas it presents are scary—an enormous universe ruled by chance and impersonal rules, empty and uncaring, ungraspable and vertiginous."— **Isaac Asimov**

From The Onion: "PRINCETON, NJ—The universe, long known as a bleak and unforgiving place where essentially nothing matters, is in fact even crueller and more heartless than previously thought, according to a startling report published Tuesday by scientists at the Institute for Advanced Study.

"That the world we inhabit is brutal, cold, and meaningless has of course been established scientific fact for quite some time," said Dr. Susan Doname, head of the research team that conducted the comprehensive five-year study. "But shockingly, our most recent findings indicate that the brutality, coldness, and meaninglessness are far, far more extreme than we ever realized."

Regarding drop-outs, you can google rates but in US 7-8K kids a day...



Future bleak for nearly six million 'lost souls'



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We need to rethink our fundamental operating assumptions. As Einstein said “Major problems cannot be solved with the same consciousness that created them.”

As serious as these issues are, humor can be some really good medicine.

And to end this on a lighter note, sure to make you laugh out loud:

I thought you'd like this:

<http://fw.to/cYttggb> Crest toothpaste, for the love of kids: Go ahead. Eat all that candy