

BREAKING *the* ICE: A (Skating) Show of Optimism



Saturday April 15, 2017 • 4-6pm

Palace Ice Garden • 600 Kenwood Pkwy, Mpls 55403
Reception following • \$10/\$5 seniors 65+ and under 13

**Featuring the Minneapolis North High Polars (on skates!),
two Edina synchronized skating teams. and more!**

**Braemar
Panache**



**US
Champion
Alexander
Johnson**



**ISI World
Champion
Jane
Barrash**



**MS State
Champion
Sunny
Choi**



**MC - Larry
McKenzie
Polars'
Varsity
Coach**



**The
Gliding Girls...**

**In a show filled with champions on the ice,
on the court and in life, the inspiring messages of
making dreams come true and building bridges
are brought to life with unexpected flair and a new spin.**

DREAM ON! BE A DAYDREAM BELIEVER

“All our dreams can come true, if we have the courage to pursue them.” *Walt Disney*

“A dream doesn’t become a reality through magic; it takes sweat, determination, and hard work.” *Colin Powell*

“The future belongs to those who believe in the beauty of their dreams.” *Eleanor Roosevelt*

“Do I feel any pressure as the most decorated winter Olympian in American history? Not at all. The only pressures that I know are those of how to pay it forward: How can I continually make a positive impact in people’s lives, help others achieve their dreams, create their own Olympic mindset, creating champions within themselves?” *Apolo Ohno*

“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.” *Harriet Tubman*

“Dreams come true; without that possibility nature would not incite us to have them.” *John Updike*

“When you move past your fear and you go after your dream wholeheartedly, you become free.” *LL Cool J*

EARTH, WIND, AND FIRE – FANTASY – LYRICS

Every thought is a dream
Rushing by in a stream
Bringing life to your kingdom of doing
Take a ride in the sky
On our ship fantasize
All your dreams will come true miles away

Our voices will ring together
Until the twelfth of never
We all will live together as one

Come to see victory
In a land called fantasy
Loving life to a new degree
Bring your mind to everlasting liberty - As one

Come to see victory
In a land called fantasy
Loving life for you and me
To behold to your soul is ecstasy
You will find other kind
That has been in search of you
Many lives have brought you to
Recognize it's your life now in review

As you stay for the play
Fantasy has in store for you
A glowing light will see you through
It's your day shining day
All your dreams come true

As you glide in your stride
With the wind as you fly away
Give a smile from your lips and say
Are you free yes I'm free
And I'm on my way

WELCOME TO AN EVENING HONORING CHAMPIONS

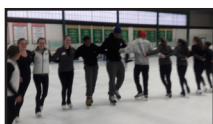


Master of Ceremonies - Larry McKenzie has won 6 state championships and is in the MN High School Coaches Hall of Fame. He is head varsity coach for the North High Polars' basketball team and is the charter school liaison for school authorizer Pillsbury United Communities.



Gliding Girls:

Amy Berglund • Judith Bonsignore
Brianna Simmons • Marianne Yoshida
Jan Frisch • Lisa Veith • Avery Lash



Polars/Panache

The North High Polars and Braemar Panache blend to a medley of Earth, Wind and Fire, and Kool and the Gang.

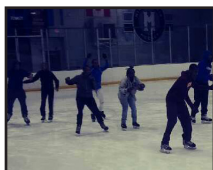


Jane Barrash quit skating when she was 13 and started again when she was 49. Jane is a 2X MN State champion and an ISI world champion. She is executive director of Continuum Center, and has been the vision, focus, and mindset development coach for the Mpls North Polars boys' basketball team since the 2013-14 season. She similarly coached the Braemar Panache teams 2015-16.



Sunny Choi is 12 years old and in 7th grade at Maple Grove Middle School. Her coaches are Surya Bonaly and Peter Biver and she is a member of the Northern Blades NSC Figure Skating Club. Sunny has been skating since she was four. She is 2016 MN State Juvenile girls champion and 2017 MN Intermediate ladies champion.

OF DREAMS, OPTIMISM AND INTERCONNECTEDNESS



Polars on Ice:

Glen Carter • Nasir El-Amin • Jamire Jackson
Tayler Johnson • Emmanuel Jones • Zion Sanford
Odell Wilson IV • Willy Wilson • Damon Young
Isaac Johnson • Armond Dalton



Braemar Panache Pre-Juvenile:

Alison Bode • Grace Eigner • Annika Kirchmaier
Elsie Gilder • Martha Nordland • Zoe Goodwin
Cece Marvin • Ava Gustafson • Nora Vietzen
Frances Kottke • Lydia Lamkin • Jennie Mao
Cece Walser • Amanda Sarbaugh • Miranda Seed



Alexander Johnson is a repeat US champion and international medalist as part of team USA (since 2007). He is a full-time student at the U of M Carlson School of Management, and will always be part of figure skating as a coach or choreographer. "I couldn't be happier to help out this wonderful cause. It's an opportunity to come together as a community no matter our differences; something extremely important in today's volatile world."



Braemar Panache Novice:

Ashley Beery • Julia Bianchini • Savanna Gray
Anna Medina • Berlin Mossak • Alyssa Wilgenbusch
Curie Petersen • Samantha Srichai • Maren Stone
Katie Ercolani • Sabrina Talghader • Emma Rage

To the Mic:

Emma Rage and Jamire Jackson • Surya Bonaly and Peter Biver
Jane Barrash • Zion Sanford

TRUE NORTH AWARD

The True North Award is given to an outstanding North Minneapolis leader recognized for giving back to the community through sports. A True North award of \$2,500 is granted.

In 2017 the first-ever recipient is Careino Gurley.

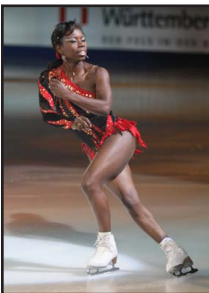


Careino Gurley built 8 youth basketball and 8 youth football teams in the Harrison neighborhood of North Minneapolis from 2001 – 2016 and did it completely as a volunteer with no institutional support or recognition. He took the team to state 6 years and won the championship 3 years. He is a model of how sports can change lives and communities, and how one person can make a very profound impact.



Mike Shelton the executive director of Heritage Youth Sports Foundation, will present the award to Careino. Mike is also the JV coach for the North High Polars, and a family achievement coach for Northside Achievement Zone.

• RECEPTION IN THE LOBBY FOLLOWING THE SHOW •



“Dreams are the heart of humanity and the drive of champions”

Olympian Surya Bonaly

“I have a dream...” *Martin Luther King*

“Dreams really do come true.” *Dorothy*

BREAKING THE ICE: A (SKATING) SHOW OF OPTIMISM,

was produced by Jane Barrash, with Surya Bonaly and Peter Biver
(who also together coached and choreographed the boys),
and Braemar coaches Carrie Drzewiecki, Janet Hoitomt,
and Jerre LeTourneau.

THANK YOU TO OUR GENEROUS SPONSORS:



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NORTH HIGH ALUMNI ASSOCIATION



- Calhoun Beach Club
- Bill Mateikis
- Lisa Weisman
- Anonymous
- Broadway Pizza
- Elissa Heilicher
- Maiden Rock Inn
- John McCarty/St Paul Development Company
- Ivan and Tina Rafowitz
- Nan Upin
- Desiree Whitney

- Breaking Bread
- Christopher Cardozo
- Jane and Lars Conway
- Edina Chamber of Commerce
- Hennepin Lake Liquor Store
- Intelligent Nutrients
- Gerard Louis Rivero
- Rodeo Drive
- Jessica Rogers/Connections to Independence
- Jeff and Holly Schramm/Spinecare Chiropractic
- Marshall Tanick
- Uptown Diner

"Sports can save the world"

- Nelson Mandela

We are leveraging the *positivity* emanating from North, and the *power* of sports, to *engage* and *connect* people.

Our goal is to spotlight optimism and demonstrate in real life/real time that we can create positive new realities when we stretch our thinking in new directions and make efforts for positive connections.

This event is hosted by



Heritage Youth Sports Foundation

Strengthening Lives and Communities through Sports.

With generous support from our collaborators and sponsors, we are also launching the True North Award for outstanding commitment to revitalize and improve the community through sports.

Question? Comments?
Want to join [New Vision Initiatives?](#)

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Many, many, thanks

to the Polars, Braemar Panache skaters, the Gliding Girls, Alex, and Sunny & for the amazing support of Husniyah Dent, Shira Yardley, Reggie Krakowski and Parade staff, Kriss Burrell, Roger Anderson, and Jon Carlson!

*Coming together in new ways, with new eyes and open hearts,
can lead us to a brighter future of new realities.*

Dream the dream of positivity and possibility... Take optimistic action!